

WHAT IS CLAIMED IS:

1. A holder for articles comprising:
  - a) a pouch;
  - b) a flap coupled to said pouch; and
  - c) a fastener for coupling said flap closed to said pouch to form a loop.
2. The holder as in claim 1, wherein said pouch is made from a flexible material.
3. The holder as in claim 1, wherein said flap is made from a flexible material.
4. The holder as in claim 1, wherein said pouch has a back section and a front section and said pouch further comprises a backing element coupled to said back section of said pouch.
5. The holder as in claim 1, wherein said flap comprises a body section disposed adjacent to said pouch and a fastening section disposed on an opposite end of said pouch.

6. The holder as in claim 5, further comprising a backing element substantially enclosed in said body section of said holder.

7. The holder as in claim 6, wherein said backing element is formed from a stiff material and provides a stiff backing for said pouch.

8. The holder as in claim 5, further comprising an additional fastener coupled to said body section on a side opposite said pouch.

9. The holder as in claim 5, further comprising a longitudinally extending fastening element coupled to a front side of said body section.

10. The holder as in claim 9, wherein said longitudinally extending fastener comprises a first flap, and a second flap and a securing fastener for securing said first flap to said second flap.

12. The holder as in claim 6, wherein said body section of said flap comprises a container disposed opposite said pouch on said body section, said container for receiving said backing element.

13. The device as in claim 12, wherein said backing element

further comprises a fastener for securing the device to a pocket.

14. The device as in claim 13, wherein said fastener is a safety pin.

15. The device as in claim 13, wherein said flap has a hole such that when said flap is closed, said hole in said flap is positioned to allow said fastener to extend there-through.

16. The device as in claim 15, further comprising a safety flap coupled to said flap wherein said safety flap is for covering said safety pin extending through said hole in said flap.

17. The device as in claim 1, further comprising a cover flap coupled to said flap, said cover flap for covering over any object inserted into said pouch to secure any object in said pouch.

18. The device as in claim 5, further comprising at least one strap for coupling said body section to said fastening section on said flap.

19. The device as in claim 18, further comprising a strap fastener wherein said at least one strap is coupled to said body section and said fastening section via said strap fastener.

20. The device as in claim 1, wherein said strap fastener is in the form of a hook and loop fastener.

21. A holder for articles comprising:

a) a pouch;

b) a flap coupled to said pouch wherein said flap comprises a body section and a fastening section;

c) a fastener for coupling said flap closed to said pouch to form a loop wherein said fastener couples said body section to said fastening section to close said flap into a loop;

d) a cover for covering said pouch;

e) at least one strap for coupling said body section to said fastening section;

f) a container coupled to said body section; and

g) a backing element formed from a substantially rigid material which can be inserted into said container wherein articles for holding can be inserted into said pouch and secured in said pouch via said cover and wherein the holder can be secured to a

user's body via said flap forming a loop and being secured to that person.

22. A holder for articles comprising:

- a) a pouch;
- b) a flap coupled to said pouch wherein said flap comprises a body section and a fastening section;
- c) a fastener for coupling said flap closed to said pouch to form a loop wherein said fastener couples said body section to said fastening section to close said flap into a loop;
- d) a cover for covering said pouch wherein said cover is in a form of straps;
- e) a securing element coupled to said pouch for securing said cover to said pouch;
- f) at least one strap for coupling said body section to said fastening section;
- g) a longitudinally extending fastener coupled to said flap and disposed adjacent to said pouch;

h) a container coupled to said body section; and

i) a backing element formed from a substantially rigid material which can be inserted into said container wherein articles for holding can be inserted into said pouch and secured in said pouch via said cover and wherein the holder can be secured to a user's body via said flap forming a loop and being secured to that person.

23. The holder as in claim 22 wherein said backing element further includes a backing fastener and said flap further comprises a hole for allowing said backing fastener to extend there-through opposite said pouch when said flap is closed on itself forming a loop.